

# State Long-Term Care Strategies: Approaches to Managing Care and Controlling Costs

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# Wisconsin is expanding two managed long-term care programs statewide by 2011:

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- Family Care
- Family Care Partnership

**For elders and adults with disabilities**



# Family Care: partially-integrated

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- ❑ Operates under 1915 b/c authority
- ❑ All Medicaid long-term care services
- ❑ Home and community-based waiver services
- ❑ Nursing home, home health, therapies, equipment
- ❑ Coordinated acute and primary fee-for-service



# Family Care MCOs

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- ❑ Wisconsin-based, public and private non-profit
- ❑ No traditional HMOs
- ❑ New MCOs need experience in managing care and financial risk



# Family Care Results

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- ❑ Independent Assessment 2003,2004
- ❑ Compared individuals with matched disease, functional limitations
- ❑ Saved \$452 PMPM in non-Milwaukee counties
- ❑ Reduced institutionalization
- ❑ Maintained health and functioning



# Partnership: fully-integrated

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- ❑ Medicaid and Medicare acute, primary, and long-term care
- ❑ MCO must have a Special Needs Plan
- ❑ Paid a Medicare capitated rate
- ❑ Also need a Medicare part D plan
- ❑ Expansion slowed by SNP moratorium



# Partnership members

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- ❑ Nursing home level of care
- ❑ Average 11 diagnoses
- ❑ Average 20+ medications



# Partnership results

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- ❑ Significant reduction in hospitalizations
- ❑ Lower nursing home utilization



# Challenge

## Finding or creating MCOs with:

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- ❑ Consumer-centered focus
- ❑ Experience in long-term care
- ❑ Experience with chronic disease
- ❑ Experience with developmental disabilities

