Overview of Medicaid Managed Long-Term Care

Paul Saucier, Muskie School of Public Service

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What is Medicaid managed long term care?

• Broad term describing:
  – various population groups (older persons; adults with physical disabilities)
  – range of LTC need
  – Range of contractors (CBOs, HMOs, counties) and partnerships

• Contractor is responsible for some LTC on a risk basis
## Types of MMLTC Programs

<table>
<thead>
<tr>
<th>1. Medicaid LTC Only</th>
<th>2. All Medicaid</th>
<th>3. Medicaid-Medicare</th>
<th>Contractor at risk for</th>
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<tr>
<td>HCBS</td>
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<td>Medicaid Long-Term Care</td>
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<td>Nursing Home</td>
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<td>Medicaid Primary, Acute, Rx</td>
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Source: Saucier and Fox-Grage, AARP, 2005
LTC accounted for almost a third of Medicaid spending in 2005. (Total = $300.3 billion)

- LTC Non-Instit. 34.8 12%
- LTC Instit. 59.3 20%
- Other Medicaid 205.8 68%

Source: “Fact Sheet: Medicaid and long-term care.” Georgetown U. Long Term Care Financing Project (January 2007)
States seek greater value through MMLTC

- **Quality**
  - Greater access to home and community services (info and options)
  - Better coordination of services over time and place
  - Greater attention to evidence-based practices
  - Adoption of performance measures, pay for performance approaches

- **Cost**
  - Greater budget predictability
  - Substitution where appropriate
  - Aligned incentives
Recent enrollment growth
2004 estimate from Saucier, Burwell and Gerst (2005)

![Bar chart showing enrollment growth from 2004 to 2008](chart.png)

- 2004: 68,117
- 2008: 173,645
Enrollment remains small relative to traditional LTC

- In 2004, enrollment was 2.3% of total Medicaid LTC consumers
- Enrollment and growth have been concentrated in 7 states: MN, TX, NY, AZ, WI, FL, MA
- 70% of enrollment is in top four states
- An estimated 8 to 10 states are working on new initiatives
Summary..

- States are seeking greater value in LTC
- Rate of enrollment growth has been rapid in recent years, but is still very small relative to FFS
- 70% of enrollment is in 4 states: MN, TX, NY, AZ
- MMLTC approaches are varied, but employ common strategies to increase value
Contact Information

pauls@usm.maine.edu