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**Children's Mental Health: Prevalence, Illness Burden, and Efforts at
Prevention and Early Intervention**

MODERATOR

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Richard G. Frank, PhD, is a deputy assistant secretary for planning and evaluation (ASPE) in the U.S. Department of Health and Human Services. He directs the Office on Disability Aging and Long-Term Care Policy. Dr. Frank is a health economist whose research has focused on economic issues related to mental health and substance abuse policy. Prior to joining ASPE he was the Margaret T. Morris Professor of Health Economics at Harvard Medical School. He also served as editor of the *Journal of Health Economics*. Dr. Frank was elected to the Institute of Medicine in 1997. He recently co-authored (with Sherry Glied) the book *Better but Not Well* (Johns Hopkins University Press, 2006), which examines the history of mental health policy in the United States since 1950.



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Irwin Sandler, PhD, is a Regents' Professor in the Department of Psychology and Director of the Prevention Research Center for Families in Stress at Arizona State University. He has been the director of the NIMH (National Institute on Mental Health)–supported Preventive Research Center since 1984 and is the recipient of multiple grants from the NIMH to study resilience for children in stress and to develop and evaluate preventive interventions for these children and their families. His research has placed a particular emphasis on studying long-term impact of prevention trials and studying mediators and moderators of program effects. He has been a consultant to the NIMH, the National Institute on Drug Abuse, the Center for Mental Health Services and various private foundations on prevention research.

He was a member of the committee of the National Research Council and Institute of Medicine that published a comprehensive review of the field of prevention research with children and youth. He has been the president of the Society for Community Research and Action and chair of the Council of Community Psychology Program Directors, and has been on the board of directors of the Society for Prevention Research. He has received numerous awards for his work including the Distinguished Contribution to Theory and Research in Community Psychology and the Presidential Award from the Society for Prevention Research. He is the author of over 160 journal articles and books on the topics of child stress and resilience and prevention.



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William McFarlane, MD, is professor of psychiatry at the University of Vermont, Department of Psychiatry and director of The Center for Psychiatric Research, Maine Medical Center and Spring Harbor Hospital. Previously, he was the chairman of the Department of Psychiatry at Maine Medical Center and before that director of the Biosocial Treatment Research Division and the Fellowship in Public Psychiatry of the New York State Psychiatric Institute and an associate professor in the Department of Psychiatry, College of Physicians and Surgeons, Columbia University. He has been working with families of the mentally ill, especially in multiple family groups, since his training at Albert Einstein College of Medicine in Social and Community Psychiatry. He is a graduate of Earlham College and Columbia University, College of Physicians and Surgeons. His main research interests are in developing and testing family and social treatments for major mental illnesses and prevention of severe mental illness. He has published more than 50 articles and book chapters and is an associate editor of *Family Process* and *Families, Systems and Health*. In 2003, he was awarded the Distinguished Contribution to Family System Research Award by the American Family Therapy Academy; in 2004, the Warren Williams Award by the American Psychiatric Association; and in 2007, the Alexander Galnick Award for Schizophrenia Research by the American Psychiatric Foundation and American Psychiatric Association.

