Why Invest in Children’s Mental Health

• Mental Health is the most costly and prevalent of all chronic childhood illnesses
• 20% of all children and adolescents have a diagnosable mental health disorder
• 5% to 9% of all children have a serious emotional disturbance. (Surgeon General Report 2001; Farmer, Mustillo, Burns, Costello 2003)
• Estimated annual cost of $247 billion by National Research Council, Institute of Medicine, 2009
Why Invest in Children’s Mental Health

• We know more about treating Mental Health conditions than ever before, especially young children

• National Registry of Evidence Based Programs and Practices (NREBPP), 219 programs proven to be effective in the treatment of children with mental health or substance abuse problems.

• Evidence informed services

• Cost of Community Based Care is much less than residential or hospital level of care and achieves better outcomes
Funding Silos

Mental Health

Substance Abuse

Child Welfare

Juvenile Justice
Mental Health

SCHIP
Title XX
General Revenue
Medicaid
Substance Abuse
Juvenile Justice
Child Welfare

- General Revenue
- IV-E (Foster Care and Adoption Assistance)
- IV-B (Child Welfare Services)
- Title XX
# Examples of Behavioral Health Funding to Purchase Mental Health Services for Children and Their Families

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<th>Sources</th>
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<td><strong>Medicaid</strong></td>
<td>Psychosocial Rehabilitation, Inpatient and Psychiatric Residential, EPSDT, 1915(b) &amp; (c) Waivers, Clinic Services</td>
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<td><strong>Mental Health</strong></td>
<td>State Medicaid Match, State General Fund, County General Fund, Federal MH Block Grant</td>
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<td><strong>Other</strong></td>
<td>County General Fund, City General Fund, Federal, state or local grant funds, Foundation Revenue</td>
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Source: Sheila Pires, Adapted
Unmet Need Remains

- 65% to 80% of children with behavior disorders do not receive the specialty services and supports they need (Presidents New Freedom Commission on Mental Health, 2003; U.S. Public Health Service, 2000)
Silos

Mental Health

Juvenile Justice

Child Welfare

Education

Health Care
System of Care Defined

- A comprehensive spectrum of mental health and other necessary services which are organized into a coordinated network to meet the multiple and changing needs of children and their families

Stroul and Friedman, 1986
System of Care Framework

Stroul, B and Friedman, R (1986)
Jim Wotring, Director National Technical Assistance Center for Children’s Mental Health

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